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# Sponsor Perspectives on Effective Relationships with CROs



**KANSAS STATE**  
UNIVERSITY

Olathe

# Sponsor and CRO Objectives

Sponsors produce a product (i.e. quality data) to make a profit.

- People
- Resources
- Expertise
- Time

CROs want to provide a service to make a profit.

*CRO and Sponsor want to advance new product innovations to enhance animal health and well-being into the future*



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# The Collaborative Consumer

- Sponsors are resource-limited and will depend on CROs to meet business objectives
- Successful partnership and collaboration is key to advance animal health innovation

This results in the Sponsor being the ***Collaborative Consumer*** of the CRO's services, creating a mutually beneficial partnership to advance animal health

Symbiotic relationship

Grow each other's knowledge and experience while enhancing the business



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# Types of CROs

- Exploratory/feasibility/pilot studies
  - Traditional animal laboratory (animal facility)
- Target animal safety/User safety
- Field effectiveness
  - Clinical CRO (all vs. bits and pieces)
  - Supporting lab for microbiology, biochemistry, and clinical pathology
  - Drug management
  - Regulatory
  - Data Management
- Environmental impact
- Chemistry manufacturing and controls
- Human food safety (metabolism residue, analytical methods)



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# Reasons to Use a CRO

- Limited or unavailable internal resources appropriate to meet study objectives
  - Lack of people
  - Lack of time
  - Lack of facilities
  - Lack of internal expertise
- Requirements for multi-site studies
- Utilizing experience and expertise of contractor
  - Especially if CRO is specialized

*“A la carte vs entire study”*



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# Non-clinical Study CROs

Many different CRO requirements for non-clinical studies

- Early exploratory/POC
- Pivotal (FDA or EPA GLPs)
- All species

Tendency to “set it and forget it”

- Don't assume what is written on paper (protocol) gets translated easily into the intended action – or results!
- Where do you draw the line between not enough involvement and too much involvement from both sides?



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# Non-clinical Study CROs

For novel models, molecules, hypotheses it is an especially important partnership -

Get CRO involved:

- Early discussions in the design phase
  - Investigate many CROs – what works best for both (experience, resources, timelines)
  - Show appreciation for their expertise, get them invested in the whole process = builds relationships
  - Encourage their honest feedback – don't take offense
- If they want your business...
  - Ask for the expert or the Study Director that has done it before
  - Don't be satisfied discussing with only Business Development



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# Non-clinical Study CROs

Let them know your needs up front and be very clear. This will allow them to prepare realistic timelines and quote accurately

- Set up the pilot as close to what the pivotal will look like (e.g. pilot DT, TAS, BE studies)
- If your study requires special dosing ask for the best administrator
- Let them know if special regulatory needs or reporting will be required – provide them examples
- If you have specific Final Study Report desires practice those on the pilot study – provide them examples, or use their template and make desired changes

Take a step back –

- Let them use their protocol template and forms
  - Your responsibility to make sure it meets all your needs
- Don't get in their “way” with minutia if not warranted (micro-managing)



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# Non-clinical Study CROs

Be willing to go the extra mile:

- Pre-study visits, QA audits/lab qualifications
- Don't go with your favorite or cheapest CRO – you're not doing either of you any favors
- Spend some money to do a practice run with one animal in order to work out all the kinks first
  - Most valuable piece of information I can give today!!
- Visit in-life phase
  - Don't be overly critical but be willing to point out concerns
  - Let them do their job, encourage the animal techs to speak up
  - *THANK THEM, THANK THEM, THANK THEM!!*
  - Plan an exit discussion with the SD and their superior pointing out positives and negatives
- Report templates



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# Non-clinical CRO Lessons Learned

## Biggest success –

- Did a practice run for a topical product that involved animal CRO and microbiology
  - Extremely involved application technique and sampling procedures
  - Identified numerous issues with the execution of the protocol as it was written
  - Invited others from the lab to weigh in on suggestions for improving specific procedures
  - Identified microbiology department procedure issues that were resolved
  - Instituted changes to final protocol, very successful study, excellent/solid results lead to our go/no-go decision
  - Lab really enjoyed themselves throughout the process and were invested in a very difficult project



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# Non-clinical CRO Lessons Learned

Biggest challenge –

- Trusting a CRO to perform “standard” feeding procedures (animals out of site of other animals eating/or around the food during fasting)
- Their lack of understanding of the molecule’s behavior in the gut, and the presence of food during fasting, lead to aberrant absorption and PK values – had to redo the study to confirm findings
- Sponsor should not have assumed anything regarding standard practices if the molecule was sensitive to gut pH and fully informed the CRO of special needs



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# Companion Animal Clinical Field Studies

## Studies with client-owned animals

- Dogs, cats, horses
- Veterinary hospitals
  - Experienced sites have dedicated
  - Main business is running the hospital not clinical studies
- Specialty clinics or universities
  - May be teaching hospitals



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# Companion Animal Clinical Field Studies

- May need geographical diversity or may be multinational
- Types of studies
  - Small pilot
  - Larger pivotal studies (> 100 animals)
  - Post-marketing
- Enrollment
  - Dependent on indication
  - Number of sites



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# Clinical Field Study CROs



Size and complexity of the study needs to be considered.



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# Clinical Field Study CROs

25 cases/site

X 15 sites



X 3-4  
monitors

X 4 countries



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# Clinical Field Study CROs

Standards for clinical field effectiveness studies (pilot or pivotal)

- USDA and EPA guidance for applicable studies
- FDA CVM expects adherence to **GFI #85 Good Clinical Practice**
- Adherence to Sponsor standards (Good Scientific Practices)
- Study protocol and SOPs
- Experience



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# What to use the CRO for?

- Entire study
- Parts of the study

Personnel	Tasks
Project Manager	Central diagnostics
Trials Manager	Central laboratories
Monitoring	Drug supply
Administrative	
Data Manager	
Data entry	
Statistician	
QA	
Regulatory Affairs	



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# Companion Animal Field Study CROs

- Establish relationships with the CRO early
  - Audit
    - Know how the CRO is structured
    - Know what you are getting into (CVs, SOPs)
  - Contracts
  - “Test” compatibility with your systems
  - Paper vs electronic
- Invest in the relationship
  - Best method for communication
  - Request inputs
- Set clear expectations (Transfer of Obligations)



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# Companion Animal Field Study Communications

Changes will occur - plan accordingly!

- Be deliberate and slow and about any changes in scope
- Follow proper communication channels
  - Asking CRO (sites) best communication channel
- Be up front about study history/knowledge
- Set appropriate expectations
- Frequent communications (especially when there is a question)
- Avoid the double standard of communication



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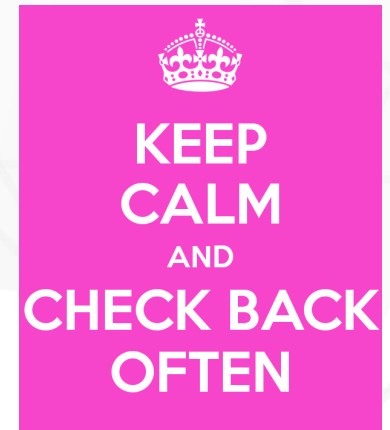




# Study Maintenance

## Monitor the progress

- Never assume anything
- Do not wait until the end to check
- Participate in regular meetings
- Over communication from CRO is always preferred
- Ask for regular updates
- Ask specific questions

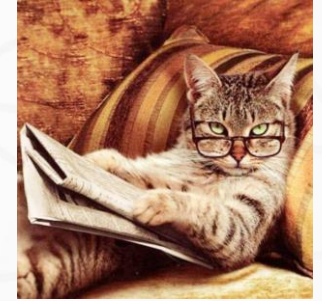


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# Lessons Learned



## **Problem: Format of dataset received**

- Laboratory provided excel dataset in one format
- Statistician required data to be in a different format
- Formats were not compatible; required re-review of data

## **Lessons Learned:**

- Understand what your data outputs are to reduce manipulation and review of data
- Handle the data as little as possible
- Make the process automatic with systematic checks along the way



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# Lessons Learned

## Problem: Enrollment

- CRO hired to help increase enrollment and recruit new study sites
- CRO expected to use already established study sites

## Lesson Learned:

- Be careful with assignment of sites
  - Mandating what sites the CRO uses vs Sponsor
  - Giving CRO the second tier sites
- Don't expect that a CRO will magically do something you can't do
  - Enrollment issues – “it's me, not you”
  - Listen to CRO; ensure they are being heard
  - Be upfront in hurdles



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# Lessons Learned



## Problem: CRO resource capacity

- Large CRO vs Small CRO
- Worked with a small CRO to monitor data and handle study drug
- CRO lost the majority of their staff in a three-week period

## Lesson Learned:

- Discuss contingencies, particularly where resources are limited
- Be frank about deliverables and timing
- Be flexible



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# Food Animal Clinical CROs

How do we try to help ensure success in food animal clinical CROs (in addition to all points mentioned before)

- Does the CRO have a relationship with a supporting lab?
  - Open the lines of communication between support labs and the field investigator
- Does the CRO have a reliable source of animals to perform the studies? Will the investigator own the animals on their own farm or will these animals be owned by a private farm?
- Do the staff clearly understand data documentation requirements? Does the investigator and staff have the competency to follow the protocol?



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# Food Animal Clinical CROs

- What supplies can we provide to assist?
  - Protocol templates
    - Helps us to ensure all things are considered that may matter to QA and/or regulatory agencies
  - Premade shipping labels – especially to supporting labs
  - Investigational product available to the CRO well in advance of start of in-life
    - Personal Example: product shipped 2-weeks before start of in-life – the bottles arrived shattered! Getting them early allowed for this problem to occur and for us to correct it without delaying the study
  - Report templates



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# Food Animal Clinical CROs

- Check-in
- Check-in
- Check-in

**HEY MISTER WILSON**



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# Food Animal CROs

Many of the same rules apply regardless of the CRO, each with a different twist

Supporting labs (microbiology or other)

- How are data captured? Are any electronic systems Part 11 compliant?
- If not, are data controls described?

Microbial food safety (Risk Assessment and Hazard Characterization)

- Does the CRO understand the greater production system?
- Does the CRO understand where to find data to support assumptions for a Risk Assessment?



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# Other CROs

## Metabolism/Residue (Pre-Clinical CRO)

- Is the CRO skilled at GLP studies?
- Is the analytical lab capable of implementing analytical methods and supporting documentation for results?
  - Example: Well performed POC efficacy and PK study. Methods required a plasma as well as a feed method to analyze in feed concentrations. Analytical lab stated they had done the feed method in the past and was comfortable with it... well they had done it once... a long time ago. Resulted in loss of these data from the study.

**Lesson – Be forthcoming and do not assume!**



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# Lessons Learned

CRO not accustomed to performing GCP (type) studies, biased by experience as academicians and working in a service based organization (not accustomed to dealing with regulated products)

- Study performed on commercial farms (not a problem)
- CRO accustomed to research (academic in style, not for regulatory agencies)
- Had systems in place to collect data
- What went wrong?
  - The assigned individual for the CRO to help oversee the study had NOT participated in research
  - The organization did not fully agree with the data collection rigor, nor understood what we were asking – but assured us that they would adjust and be okay



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# Lessons Learned

CRO not accustomed to performing GCP (type) studies, biased by experience as academicians and working in a service based organization (not accustomed to dealing with regulated products)

- What did we do?
  - Stuck it out because the marketing team believed there was a potential strategic partnership for the company and the product (which is why they were recommended to begin with)
- What happened?
  - Data quality, compliance, and CRO monitoring/control of the study were significantly lacking in quality
- What should we have done?
  - Identified an alternative provider

**Identify red flags early and take them seriously**



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Non-clinical studies	Clinical companion animal field studies	Clinical food animal field studies
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Thanks for listening



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